



# NetWorked for CHANGE CONFERENCE

April 1, 2022 • Hyatt Regency Wichita

Morning Huddle: Health

Facilitator: Dulcinea Rakestraw, WSU- Public Policy and Management Center

Huddle Leaders:

- Rial Carver, Program Leader, Rural Grocery Initiative, K-State Research & Extension
- Jeff Usher, Senior Program Officer, The Kansas Health Foundation

Huddle Attendance: 16

Difficult Parts

- No coordination/communication
- How do I define?
- What resources are available? Visibility of resources \*
- Equal access. Ex. Language
- Out of state, not local
- Meet community where they are
- Children interpreters
  - o Out of school
  - o Burden for diagnosis
- Cultural
  - o Food access, food deserts \*
  - o Businesses not providing
  - o Small businesses make up \*
  - o No recognition
- Pre- health- food, etc.
- Post-health- filling hospital
- Getting major players to the table
- Transportation

Addressing Challenges

- Building power in people
  - o Building your table
- Community food bank \*
  - o “Food is medicine”
- Proactive vs reactive
- Staffed food bank
  - o Making connections with elevation
- Food truck fest?



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- o Promoted and visible
- ICT Community Fridge project
- o “Small is beautiful”
- o Gardens
- o How do you stop the groups that resell?
- o Sometimes hard to see the need

#### Take Aways

- How is health a part of policy?
- Food tax?
  
- o Mobile markets
- o Staff food pantry/community fridge
- o Lift others to power

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